



PROCLAMATION

WHEREAS: this September, The Wabash Activity Center is celebrating National Senior Center Month by showcasing how these vital community hubs connect older adults to each other and to valuable services to stay healthy and independent; and

WHEREAS: the nation's 10,000 senior centers are one of the most widely used services among America's older adults, connecting 1 million individuals each year to programs that improve their health, economic security, engagement, purpose, creativity, mobility, nutrition, and more—all in a social and fun environment; and

WHEREAS: the Wabash Activity Center has been serving seniors in our community for nearly 60 years by offering exercise classes, dance classes, Bingo, and programs of community interest; and

WHEREAS: "Every day, senior centers bring our grandparents, parents, older neighbors, and friends together to build community and share trusted services and information to help all age well," said Dianne Stone, National Council On Aging's Associate Director of Network Development and Engagement. "Research shows that compared with their peers, people who attend senior centers have higher levels of health, social interaction, and life satisfaction.,"; and

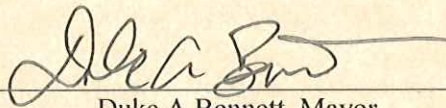
WHEREAS: the theme for this year's National Senior Center Month is "Strengthening Community Connections."

WHEREAS: there's never been a better time to come home to your senior center, located at 300 S. 5th Street in Terre Haute and see everything your local center has to offer. Membership is \$60 per year.

NOW, THEREFORE: I, Duke A Bennett, Mayor of the City of Terre Haute, do hereby proclaim September, 2022 as

NATIONAL SENIOR CENTER MONTH

IN WITNESS WHEREOF, I have set my hand and caused the Great Seal of the City of Terre Haute to be affixed this 23rd day of September, 2022.



Duke A Bennett, Mayor

